

Volgens die kwantitatiewe data, afkomstig van die verkorte *Affectometer 2* en *Personal Multi-Screening Inventory*, kon nie die bemagtigingsprogram of bestaande groepwerkprogram daarin slaag om die bejaarde deelnemers se maatskaplike funksionering te verbeter nie. Op grond van die kwantitatiewe data word daar tot die gevolgtrekking gekom dat alkoholafhanklike bejaardes 'n swak prognose toon en nie positief reageer op groepwerkprogramme nie.

Kwalitatiewe data, afkomstig van 'n selfopgestelde vraelys, het resultate opgelewer waarvolgens dit blyk dat die eksperimentele groep positief gereageer het op die bemagtigingsprogram deurdat hulle sterktes toegeneem het, terwyl die bejaardes se hanteringsvaardighede verbeter het. Op grond van dié bevindings word die gevolgtrekking gemaak dat die bemagtigingsprogram positiewe resultate tot gevolg gehad het.

AANBEVELINGS

Op grond van die voorafgaande **bevindings** en **gevolgtrekking** word die volgende **aanbevelings** gemaak:

Maatskaplikewerk-praktisyns behoort groepwerkdienste aan kliënte, soos alkoholafhanklike bejaardes, te ontwikkel op grond van wetenskaplike bevindings. Voorts behoort die kliënte se standpunte oor hul eie behoeftes en uitdagings effektief geakkommodeer te word. 'n Voorbeeld hiervan sou wees om insette insake programinhoud van kliënte, as vennote in die bemagtigingsproses, toe te laat en te verwelkom.

Die voorgenoemde program behoort ook aangebied te word in 'n vrouegroep en 'n groep met beide geslagte sodat die sukses, al dan nie, daarvan in verskillende praktyksituasies bepaal kan word.

SLOTOPMERKINGS

Maatskaplike groepwerk, volgens die beginsels van 'n sterkteperspektief, kan sinvol benut word ten einde tegnologie te ontwikkel wat gerig is op alkoholafhanklike bejaardes se unieke behoeftes en sterktes. Die DR&U-model kan met vrug gebruik word om die proses van programontwikkeling en –implementering te rig. Verdere navorsing is nodig ten einde die effek van maatskaplike groepwerk-bemagtigingsprogramme, ooreenkomstig 'n sterkteperspektief, op alkoholafhanklike bejaardes te toets.

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