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- This training should include desensitisation, the improvement of comfort levels regarding the subject of sexuality, as well as intensive practical and skills training;
- Future research studies can aid in the development of a course in human sexuality and sex therapy aimed at social workers specifically, as no such course exists at present;
- The field of social work can gain much in providing a commonly accepted, standardised and peer-reviewed course in human sexuality and sex therapy;
- Such a course should be accredited with the South African Qualifications Authority (SAQA), and should ideally be recognised internationally to optimise the value of such a course.

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